



PROJECT BATTAMBANG

POST TRIP REPORT

2022

CONTENTS

Introduction	3
Vision, Mission and Values	5
Foreward	6
Timeline	9
Screening	12
Logistics.....	16
Education	19
Our LADs Scholars	22
Development	23
Publicity	28
The Battambang Experience..	30
Financial Report.....	31
Acknowledgements.....	32
Sponsors	33

INTRODUCTION

Recognizing the need for improved healthcare and education systems in Cambodia, Project Battambang was born out of a collective desire to make a positive impact and address the challenges faced by underserved populations in the Poipet community. Concurrently, the project was aware that continuous provision of support and aid would become unfeasible in the long run. As such, Project Battambang has placed a strong focus on sustainability and long-term partnerships, striving to empower youth and foster social change.

At its core, Project Battambang tries to empower the community by:

1. Supporting Local Systems: Project Battambang collaborates with local healthcare and educational institutions to make it more accessible to its people. This includes provision of primary healthcare to its people and resources to schools to make the learning environment safer and more conducive.

2. Sustainable Partnerships: The project focuses on building enduring partnerships with local organisations and community leaders, more specifically the Mother of Peace Kindergarten (MOPK). By fostering strong relationships, Project Battambang ensures that its interventions are sustainable and have a lasting impact.



3. Youth Empowerment: Project Battambang believes in the power of youth to drive social change. The project provides opportunities for young individuals to pursue higher education and actively participate in community development initiatives, empowering them to become agents of positive transformation in Poipet.

However, due to the recent COVID-19 struggles, Project Battambang partially lost touch with the people. Despite sending resources over, not being there physically presented a unique set of challenges for us in terms of bringing our project forward. We were not able to conduct our yearly primary healthcare clinics, camps to encourage and empower the youth, and surveys to see how we can better help the community. As a result, our presence in Poipet had somewhat diminished over the last few years.

When Project Battambang could finally go back to Cambodia this time, we acknowledged that the new batch of project members did not have much on-the-ground knowledge and we would not be able to easily transition back to what we were doing pre-COVID.

Project Battambang decided that this trip would be a chance to reignite our connection with the people and spark interest in the newly initiated Project Battambang's Cambodian Committee. Everyone had the opportunity to spend more time on the ground to understand the people better so that we could in turn serve the community better. In the end, it was obvious that new friendships were forged, passion for the project reignited amongst both students and doctors, and the project was back on track after the pandemic.

Despite the recent COVID-19 struggles, Project Battambang remains dedicated to its core values and continues to evolve in response to the evolving needs of the community. With a passionate team of medical students from NUS and the support of dedicated partners, the project hopes to make a positive impact and pave the way for a brighter and more inclusive society in Battambang.



PROJECT *Battambang*



VISION, MISSION AND VALUES



VISION

We envision an independent community where everyone has the liberty and means to hope for and achieve a better future together.

MISSION

We resolve to improve the provision of healthcare and education through partnerships and support the local systems, and to empower youth to effect greater social awareness and responsibility within the community.



VALUES: LIBRAS

Love - Loving the people we serve and our team members

Integrity - Being consistent and truthful

Beneficence - For the benefit of community

Respect - Our beneficiaries as equal partners

Accountability - Staying accountable to our beneficiaries and partners

Sustainability - Consider long-term benefits

FOREWORD



DR. ONG YEW JIN

Project Mentor since 2010

Dr Ong is a Palliative Care Physician by profession and also the Medical Director of the Singapore Cancer Society. Keen in serving overseas communities, he firmly believes that there are many aspects beyond medical aid that each of us can contribute to help these communities.



This was my first Battambang trip since 2016, and the first one since COVID-19. A lot has changed, yet a lot remains familiar. The Mother of Peace Kindergarten looks the same, but the open field next to it has changed considerably and is now paved with concrete steps leading up to the church. On our date of arrival, we almost lost our way as the entrance to MPOK has shifted. Perhaps a familiar catchphrase would summarise the feeling I had aptly: "Same same, but different".

Project Battambang was my first medical overseas community involvement project (OCIP), back when I was a freshman in medical school. As the pioneering batch of medical students for Project Battambang, it always holds a special place in my heart, since we (almost) built it from scratch. I have witnessed how some of our original Cambodian student volunteers have now grown to have their own families, and are giving back to the very community which nurtured them. A decade on, the seeds which we had sown during the LADS camps had born fruit. Many of the Cambodian medical students who volunteered as interpreters during our trip are also now practising physicians whom we can refer our patients for follow-up.



This year, we had the opportunity to re-evaluate the set-up of our medical screening during the reconnaissance trip. As the COVID-19 break had introduced a discontinuity in this previously yearly project, none of the medical student volunteers had any prior experience with an OCIP. This was a blessing in disguise, as it allowed us to introduce some changes to our screening workflow. I'm sure the medical students had a great learning experience too.

It certainly is a special feeling to have been part of Project Battambang both as a student volunteer and now as a doctor volunteer. It is also heartwarming that after 13 years, the project is growing ever stronger, and the family is ever larger. For that, I am thankful to have been part of this trip.



DR. DAVID CHEN



After more than two years without trips to Cambodia due to the COVID-19 pandemic, returning and reconnecting with the people there was really nice. Meeting the Cambodian sisters, such as Sister Hasu and Sister Jacinta, along with local volunteers like Heng, Chenda, and Bondol, brought back great memories. These were individuals I first encountered over 10 years ago when people like Heng, Chenda, and Bondol were fellow students, much like myself. It warms my heart to witness how they have grown older (as sadly I have too) and are now happily married with children.

The medical missions, as always, were tiring but gratifying, and I enjoy interacting and spending time with the villagers and children. The privilege to see the place, people and project evolve in a positive way over years is to me meaningful and so Project Battambang will hold a special place in my heart.



When I first joined Project Battambang as a year one medical student, I joined it because I wanted to get a chance to serve in an overseas community project. Over the years, returning as a senior medical student and later as a doctor, I've come to grapple with the question of whether OCIPs are truly good, whether they are truly altruistic, or more self-serving. As someone who now has training in population health, I have really struggled with trying to improve this given many interwoven, intrinsic, higher-order issues. Doing screening with limited tests and medications available makes one feel helpless at times. For me, I still ask myself all of the above. But what brings me back to Battambang, and drives my sense of purpose here, is very much guided by my friends - people from and within the community we work in - Heng, Bondol, Hai, and the Sisters of the Catholic Church. For as long as they affirm it as beneficial to their communities, I feel inclined to help with the skillset I have been trained in, to the best of my abilities.



DR. ELLIE CHOI



As in medicine, there is an age-old adage - "to heal sometimes, remedy often, and comfort always". In our work, the latter is sometimes all we can give, so we are called to give this as best as we can. So I will, as I wait with anticipatory hope that one of our Cambodian counterparts will one day achieve breakthroughs in their local sociopolitical systems.

It has been ten years since I first went to Poipet, Cambodia, with Project Battambang. In that first trip, I met Hai, who was my LADS camp group scholar. Now, ten years later, he has graduated from university in Phnom Penh, returned to Poi Pet to serve his community, and has recently gotten married. It is going through life's milestones with our Cambodian friends which seals the place Battambang has in my heart.



DR. ANNE GOEI



TIMELINE



2011

- Introduction of Light- A- Dream scholarship
- Introduction of Teachers' Support Programme
- Formation of survey committee to find out the non-medical concerns of the villages we served
Hired translators

2013

- Introduction of Light- A- Dream scholarship
- Introduction of Teachers' Support Programme
- Formation of survey committee to find out the non-medical concerns of the villages we served
Hired translators

2010

- Inception of Project Battambang, born from a vision of Dr Ong and 5 Year Two medical students
- Provision of Health Screening services and health education
- Served 201 villagers across 4 villages

2012

- LIBRAS, our 6 guiding values, was created along with our vision and mission
- Establishment of Screening Referral programme
- Mobile screenings were established for patients who were unable to come to our screening sites

2014

- Introduction of dental services
- Graduation of 2 LADS scholars, 2 Graduating doctors return to volunteer in screenings
- Collaboration with SEVA Cambodia Introduction of Participatory Learning and Action Toolkit (PLA)

TIMELINE



2015

- Eye screening services were introduced and prescription glasses were provided as required
- Project Battambang Cambodian Committee established
- Provision of water pots in Prey Koup

2017

- Teacher's Support Programme (TSP) replaced by School Support Programme (SSP)
- Health Education Day established
- More robust chronic disease management system; Telehealth and prescription cards
- Introduction of Door-To-Door Groundwork methodology during surveys

2019

- Expansion into new villages for health screenings
- Door-to-door Needs Assessment surveys using Magpi app
- Restructuring of survey committee into development committee
- Development of health education syllabus

2016

- Signed Memorandum of Understanding (MOU) with IU, formally outlining Singaporean and Cambodian committees' support for Project Battambang
- Provision of supplemental water pots

2018

- Expansion of dental screenings; established partnerships with two local dental clinics
- Established partnership with local optic shop, Heng Optic
- Implementation of SSP - funding the construction of a well and a toilet in Santipheap school
- Introduction of buddy system with LADS scholars

TIMELINE

2021

- With COVID-19 travel restrictions persisting, we continued our support remotely through our COVID relief support programme and engaged with the LADS scholars over Zoom. We continued to fund-raise locally as well

2020

- Rise of COVID-19
- Unable to travel to Cambodia
- Maintained contact with our Cambodian committee
- Fund-raising efforts

2022

- Resumption of Cambodia trips
- Health screenings
- Door to door surveys and groundwork to find out what has changed over the years



SCREENING

Our screening committee is responsible for the planning and execution of the health screening conducted in Poipet which aims to make medical services accessible, affordable, and comprehensive to increase the overall health in these communities.

STATIONS AND FLOW

When the villagers first arrived at MOPK, they underwent **registration** where basic details such as their names, ages, occupations and allergies were noted. More importantly, any potential tuberculosis cases were sieved out at this point to prevent any further spread to other villagers.

Thereafter, registered villagers were brought over to the next station, **triage**. Over here, we measured their vital signs such as their blood pressure and temperature. Other than that, we also took their height and weight before calculating their BMI for a gauge of obesity.

After triage, the villagers filled up a **pre-education questionnaire** crafted by our Development comm, which enquired about their health literacy. This process was facilitated by our Camby comm volunteers.

Next, villagers were guided to our **education booth**. This year, given the ongoing COVID-19 pandemic, our main focus was on hygiene. The villagers also learned more about the importance of healthy diets through simple games and activities, after which each of them received a free goodie bag with items from our beloved sponsors.

Subsequently, they were brought to the **doctor's consultation booth**, where our Singaporean doctors examined them for any acute complaints and chronic conditions. If necessary, our committee members also conducted point-of-care tests for them in a separate room. Villages can collect their prescribed medication from the **pharmacy** station at the end.

After doctor's consultation, the villagers were then given a **post-education questionnaire** to fill in. The main aim of this was to survey the effectiveness of our education, as well as pick out any other areas of improvement.



PRE-SCREENING

Prior to the trip, we conducted our mock health screening in school to help familiarise ourselves and the committee with the different stations of the health screening. Additionally, we could do multiple test runs to get a rough gauge of the time we would need to run a health screening. We also had to procure a list of logistics for the health screening.

Additionally, we were always in contact with the Camby committee to ensure that there was coordination between both ends.

Other pre-screening preparations included setting up the location when we were at the village itself and giving briefings to the volunteers.

WORKING WITH OUR DOCTORS

During this trip, we had the honour of inviting 4 of our Battambang alumni back to serve the community with us. We had Dr David, Dr Serene, Dr Anne and Dr Ellie.

Working with the doctors was not as intimidating as one might think. They were kind enough to guide and remind of us of many things that we might miss in the preparation for our trip. They were also able to answer most of our doubts due to their past experiences! Moreover, Dr David helped us secure a sunglasses sponsorship with Essilor for this trip.

On the trip itself, we assisted the doctors with the consultation station. We mainly helped them to conduct point-of-care (POC) tests that the doctors would order which included urine, blood glucose and Snellen's eye tests. In addition to the POC tests, we also helped them take history from the patients.



POST-SCREENING

Screening was an eye opening experience. Albeit hectic, we were able to gain valuable experience which we hope to use when planning for future trips. It was humbling to witness the villagers coming down for our health screening and heartening to see them receive the care that they needed. It was touching when we saw the villagers we interviewed and made friends with during Door-to-Door surveys coming down. After screening, we realised that there was much room for optimization regarding our screening flow and layout and hope to be able to rework the screening experience for patients. Seeing the doctors treating patients, we were inspired and encouraged to continue to do good in Poipet. Overall, screening was a good chance to see the doctors in action and the fruits of our many months of labour.



As of the previous trip, there were a few patients that required more extensive follow-up which we were unable to provide as it was beyond the capacity of our screening. In the future, we hope to re-establish our ties with **Poipet Referral Hospital** and potentially other local doctors to see how we can extend the care of the patients beyond our brief time overseas. We also hope to **increase** the number of screening locations to reach a greater number of villagers.





LOGISTICS

Our logistics committee is involved in the sourcing, procuring and management of the drugs required to operate the pharmacy, as well as running of the pharmacy.

OVERVIEW

During our December trip in Poipet, Cambodia, the Logistics Committee played a crucial role in managing the pharmacy operations during health screenings. The team also handled the booking and management of facilities, accommodation, and transportation to ensure the events ran smoothly.

SUSTAINABILITY

As part of our project's long-term sustainability goals, we're committed to sourcing medical supplies from sustainable sources within Cambodia. Currently, we obtain all of our medications from pharmacies located in Cambodia with the funds generously donated by our sponsors and through our fundraising activities, which were crucial towards making the pharmacy a success.

OPERATING THE PHARMACY

Our work in managing the pharmacy can be divided into two main parts: the pre-trip aspect and the trip itself. Before the trip, we collaborated with the Cambodian Wing and volunteer doctors to create a comprehensive list of necessary medications for our health screening. This ensured that we had the necessary supplies to provide effective treatment to those who came for the screening.

During the trip, we put our planning into action and developed a fast and efficient system for dispensing medications to patients



FUTURE DIRECTION

Looking ahead to our future plans, our Logistics Committee is working closely with our Cambodian partners to **establish relationships with local pharmacies** based in Poipet. By procuring the drugs needed for our screenings from Poipet itself, we hope to create a deeper connection with the locals and contribute more to the local economy.

We're also exploring the possibility of partnering with larger pharmaceutical companies to **obtain discounted rates for medications**, so we can provide a more sustainable and affordable source of medication to the villagers. This would not only help us to achieve our long-term sustainability goals, but also make a significant difference in the lives of those we serve.

At the heart of our efforts is our commitment to teamwork and collaboration. We're constantly working with other committees in Project Battambang to ensure that all aspects of the project run smoothly, and that we can provide the best possible care to those in need.

Project Battambang is fortunate and thankful to be able to receive donations of medical supplies and funding from our donors thus far. Our work is made possible through their collective contributions.





EDUCATION

Our Education Committee is responsible for empowering our scholars through education, in order to engender greater social change within the community and advocate for self-sufficiency. The committee also works with various schools in Poipet in efforts to provide support to their school systems.

LIGHT-A-DREAM (LADS) ENGAGEMENT CAMP



Overall, we felt that the LADS Camp went really well despite the few hiccups along the way. It was really inspirational and insightful to see how our Camby Edu Team stepped up to give instructions to the LADS Scholars and conduct basically the entire LADS Camp themselves in Khmer.

The whole experience also tested our ability to **improvise and adapt in unexpected situations**. For instance, the LADS Scholars apparently arrived at MOPK at around 6.30am which is 2 hours earlier than what we agreed on. A few of them also had to leave halfway during lunch to go back for lessons. This made us anxious as to what we should do and whether there would be enough LADS Scholars to continue ahead with our plans. However, thankfully after the miscommunications were settled and having consulted Kim Seng, all was well and the LADS Camp managed to continue on as per normal. It was really rewarding to see our plans come to life as the scholars actively participated in the activities we had only planned on paper and see them enjoy themselves in the process.

It felt heartwarming to speak to them in real life with many of them trying their best to understand what we were trying to say to them despite the language barrier. They were all really nice and friendly individuals and it was quite relieving to see such deserving students being chosen to be LADS Scholars and coming down to attend the activities we planned.





FUTURE PLANS

During the screening, we mainly focused on **hygiene**. We elaborated more about the importance of eye care, the foods that we should eat to ensure optimal eye health, the importance of good eye care, the various types of hygiene and food hygiene practices. We also had mini games to test the villagers' knowledge retention.

Moving forward, we were thinking of including **education for hair and hair lice, as well as dog and snake bites** as these seem to be prevalent issues that they face when we asked the locals there.

We aim to include the **School Support Programme (SSP)** in the future, which is the improvement and supplementation of the existing school curriculum at Love Without Borders schools. This ensures that lessons are catered towards the student's needs, and there is more emphasis on mental health support for students.



OUR LADS SCHOLARS

SON PHEARUN
KEA OUDOMONEY
CHEANG KINSOUN
THIT PENG
KONG CHANTREA
SON THEARY
KHEAN PHEAREAK
LOK MING CHING
LIM VUTHY
LENG SOVANDARA


THIT POV
LIM VUTHA
SEY SONAI
KHAN SERY NEANG
BOU SONANG
KHIM SREY NEATH
KOU ELAPET
LANG LISHA
THEARY
THENG LY HONG

BOEBNISA
SUN LY HENG
THAN LILY
THY KIMBUY
LONGDY
KUNTHIA
RADEN
THIT SING
THET RADY
VANN PEAKDEY

SOK AN
NAB VICHET
DUL BORANY
NAT VESNA



EXPENDITURE FOR THE JANURARY-DECEMBER 2023 ACADEMIC YEAR

35 SCHOLARS 
(Grade 7-University)

Grades 7,8,10: 13x \$10/month
Grade 9: 4x \$20/month
Grades 11,12: 8x \$30/month

\$4500

25 Grade 7-12 students

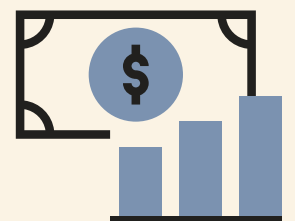
10 university students

3x \$600/year
1x \$600/year for room rental
7x \$500/year

\$5900



TOTAL EXPENDITURE
= \$10,400 (USD)
≈ SGD 14,158.83





DEVELOPMENT

Surveying is done by our Development Committee, which aims to reach out to the villagers in the Poipet community. By identifying gaps in the current initiatives, we can improve them to benefit the people in Poipet.

OVERVIEW

In our recce trip in **December 2022**, Project Battambang decided to expand our reach into **2 new villages**, in addition to Dong Arahn, to see how the villagers were doing post-COVID. Through Door-to-Door village surveys, we were able to interact with the villagers to find out more about their living and health conditions, at the same time offering publicity for our screening to be held in the next few days.

Revisiting Dong Arahn

Back in **2019**, which marked Project Battambang's first foray into the village of Dong Arahn, our Cambodian counterparts and local contacts suggested this village due to several reasons. Firstly, with **over 670 households and 2663 people**, targeting our screening here would allow us to make full use of our resources to serve as many villagers as possible. Secondly, healthcare accessibility within the village was limited, with only one health center and a small pharmacy, which only offered a small range of facilities. Therefore, our screenings would bring medical care directly to the villagers and provide much needed relief. Thirdly, our consultations with the village chief were fruitful and he was extremely keen to work with Project Battambang.

Fast forward 3 years, and **after the COVID-19 ordeal** which had prominent effects in countries all over the world, we were once again compelled to venture into Dong Arahn to see how the pandemic has affected the villages, or if it had even affected them at all.

We were clueless as to what we would be faced with, especially since this was our first trip back to Cambodia in a few years for both M1 and M2 batches. However, our initial apprehension were quickly eased after our dialogue with the village chief, who treated us with so much kindness and patience. Considering the close proximity of Dong Arahn to our screening location at MOPK, many of the villagers from the village came down for our screening in the next 2 days.

Foraging into Phum Prachea Thoam Lech and Tumnup Kor 5

After consulting Brother Bondol and our Cambodian counterparts, we decided to recce 2 other villages - **Phum Prachea Thoam Lech and Tumnup Kor 5**. We thought that visiting different villages, including those further away from MOPK, would allow us to get a better idea of the situation in the country after the pandemic. This would also guide us to expand our screening efforts during our upcoming main trip as we will be able to know more about the health conditions of the villagers there.



FUTURE PLANS

We felt helpless going door-to-door to interview the villagers about their health and living conditions and not being able to offer immediate aid as we did not want to talk to the villagers solely for the purpose of gathering data. As such, we hope to come up with **brochures and pamphlets** regarding common diseases in the villages we visited, for example, **hemorrhoids and chronic illnesses**. Our pamphlets will include common symptoms, descriptions, and possible treatments in terms of diet and lifestyle changes that the villagers can adopt so that they are better able to manage their health in the long term.

We also hope to conduct screenings targeting the new villages we visited. However, as we may not have an established location to set up a full comprehensive screening, we are considering using the survey results we obtained on our trip to see which conditions are most common and structure our screening based on that. This way, we may be able to set up a simpler doctor consultation and pharmacy that would allow us to expand our reach beyond MOPK.



DATA COLLECTION

This time, we decided to make use of pen and paper in our surveys. Even though this took more time in terms of data input and analysis, it gave us more flexibility in asking the villagers more about their lifestyle and health conditions, which included questions outside those we prepared. We split up into small groups of about 3 or 4, and went to different households. Our Cambodian counterparts helped us with the language barrier by asking the questions and translating their responses for us. One Cambodian committee member would ask the question and listen to the response of the villager attentively, while another listens to and translates the villager's response. We would then fill in our survey forms. This method of surveying allowed us to be more present during the interview, and gave us more personal insights into their conditions as we were not limited by the questions we have prepared and could ask more personalized questions.



In the analysis of our data, we focused on 3 main aspects to centre our results around. Firstly, the situation in the villages. This would include factors such as **financial security, water source, food abundance and schooling level**. Such insights would allow us to get a better idea of the situation in the villages. Secondly, what we can use to chart the direction for Project Battambang. This would include information such as **water availability or cleanliness**, for example, so that we can ideate more ways we can provide aid to the villagers apart from our screenings. For example, we could provide education on clean sources of water. Lastly, content for our pamphlets. During our survey, we asked the villagers about the conditions they would like to learn more about, or the **diseases they are currently grappling with**. Based on the prevalence of such illnesses, we were hoping to narrow down the conditions we could better educate the villagers on, such that we may offer more immediate help when we revisit them in December 2023.

REFLECTIONS

At the end of the day, we are very thankful to have been able to speak to the villagers personally, to really learn about them as people, each with their unique stories to tell. While these surveys ultimately still translate into numbers and statistics, we hope to be able to also appreciate them as individuals and while charting a direction for our project, also offer them a listening ear and some sort of solace in that moment. We are grateful for the conversations we have shared with every villager we spoke to, as well as our Cambodian counterparts for helping us so selflessly and dedicating so much time and effort to help us with our translations. We will definitely resume our door-to-door surveys during our main trip and hopefully can reach out to a larger number of villagers the next time we go back to Cambodia.



SURVEY FINDINGS

3 VILLAGES SURVEYED

119 Households Surveyed

Dong Arahn Village:

42 households surveyed

Phum Prachea Thoam Lech Village:

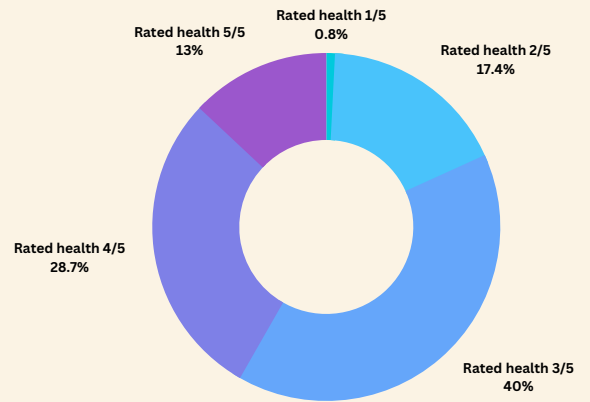
47 households surveyed

Tumnap Kor 5:

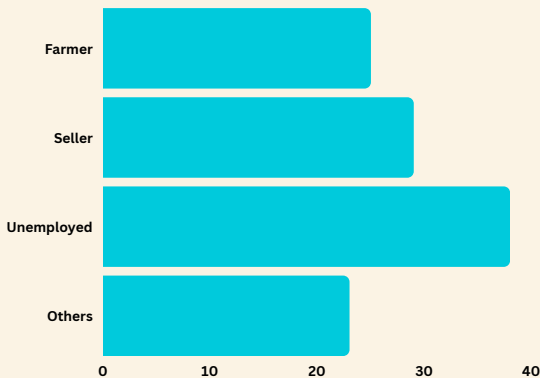
30 households surveyed



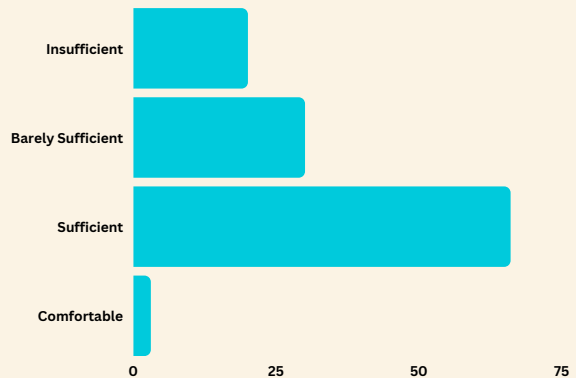
VILLAGERS' HEALTH RATINGS



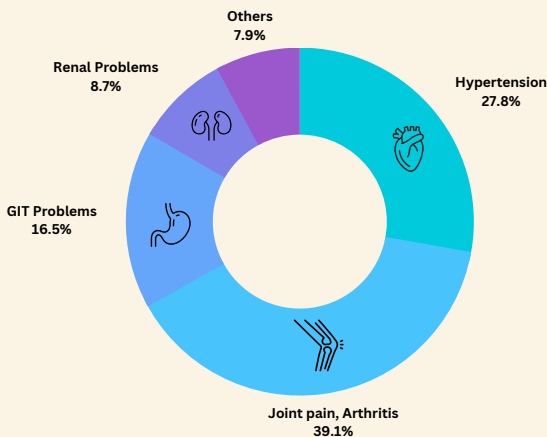
EMPLOYMENT



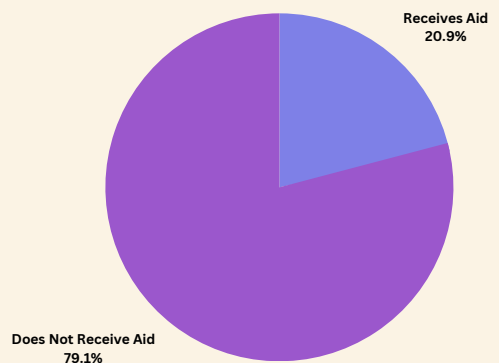
FINANCIAL STATUS



COMMON ILLNESSES



GOVERNMENT AID





PUBLICITY

The Sponsorship Committee is responsible for the publicity, management of funds, fundraising efforts of Project Battambang as well as volunteer welfare. Much of our work is done behind the scenes to support the other committees and to carry out different roles to assure that our project has the funds and manpower to run smoothly.

WHAT WE DO



PUBLICITY

Our publicity and outreach efforts is a multi-pronged approach which utilises various social media platforms to increase awareness of our project. Through frequent updates on our Singapore team and Cambodian Wing Instagram and Facebook accounts, the public can keep up to date with our project's efforts and more. Additionally, the sponsorship committee works behind the camera to capture and document our activities throughout the trip. In this aspect, we aim not only to interest our peers to join us aboard on our project, but we strive to be transparent with the work we do as well.

Our sponsorship committee is also the team behind the annual Post-Trip Reports which concisely summarises the data and statistics we have collated from our trip, as well as what we did during the trip itself.



TREASURY

Another aspect of the sponsorship committee is the management and raising of our project funds. Prior to our trip, we brainstorm and carry out fundraising plans to have sufficient funds for our screening and education efforts. During the trip itself, we manage the project's expenditure and liaise with the Cambodian Committee to manage our LADS funds under our scholarship scheme. We also contact potential donors and sponsors, who are instrumental in enabling us to continue to give back to the people of Poipet, and stringently budget our expenditures to ensure efficient distribution of our funds.



WHAT WE DO



VOLUNTEER WELFARE

Our Cambodian volunteers are an indispensable part of our committee. Every year, we show our appreciation for them through the organising of our Welfare Night. In 2022, after 5 days of health screenings and health education programmes, we conducted the Welfare Night to celebrate the camaraderie and friends that we have made. Through an evening of scrumptious food and exciting games, we established stronger ties with the Cambodian volunteers who became our friends, exchanging contact information to keep in touch with one another despite geographical constraints. We look forward to their return for our upcoming December 2023 health screening plans.



THE Battambang EXPERIENCE



**Kiran and Ruben
Project Battambang 2022
Project Directors**

The Battambang experience has been nothing short of eye-opening and enriching. Being able to travel in-person to Poipet years after our last visit was daunting yet exciting to us as we eagerly wanted to meet the faces of Battambang who have been supporting the project over the years. Staying active during Covid times enabled us to work with one another extensively and gave us a better idea of how we could go about our initiatives. We were able to carry this momentum into this trip as working over the days was made easier by our past experiences.

We were greeted by friendly familiar faces we had only previously seen on our screens as we arrived in Mother of Peace Kindergarten. Everything about the place from the beautiful sky to the homely meals cooked for us by the very same lady who had cooked for our seniors for years gave us a sense of warmth and love. Our members also finally got to meet our Cambodian counterparts who had worked hard alongside us in the months leading up to our trip. It was heartening to meet people from our age group who had shared similar goals when it came to the project. Most of all, it was good to have friends.

Surveying the ground by interacting with villagers to understand their needs in order to better serve them was the most overwhelming part of the trip as we saw many individuals living in conditions we wouldn't even imagine normally. A large number who suffered from ailments either couldn't afford treatment or had no means of even getting to the hospital.

Hearing their stories allowed us to understand the situation better and to plan for the next steps ahead in order to serve them better. It also served as a stark reminder of the privileged lives we led back in Singapore.

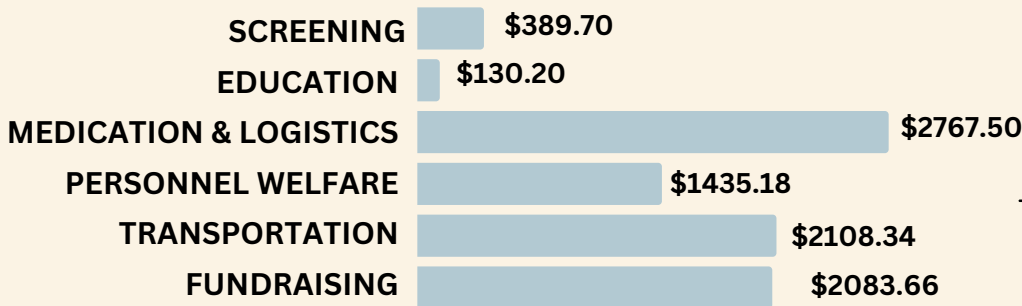
The main highlight of the trip was our health screening, having not had much time to prepare for it in the days leading up to it. As we eagerly waited for our first patient, we were pleasantly surprised as many started to turn up for the screening. A large number were people who previously came for screenings in the past years and the other majority were the people who heard of us by word of mouth thanks to the publicity by our Cambodian friends. Although it was a tiring 2 days of moving around the stations, nothing gave us more joy than the realisation that we were one step closer towards our goal for the project. Our screening days culminated in welfare night - a nice dinner in appreciation of our doctors, our Cambodian friends and all the staff who had helped us over the days.

It was difficult to say our goodbyes as we left Poipet but we realised that this was our new beginning and we were excited for what the future trips held for this project. To have experienced what our seniors had experienced for years after hearing the stories for so long, was nothing short of special. Looking back at this whole experience, we have all gained one big Battambang family and despite all the difficult times leading up to the trip, we have all realised that love is indeed above all else.

FINANCIAL REPORT



**LADS SCHOLARS
TUITION FEES:
\$14,158.83**



FIGURES IN SINGAPORE DOLLARS, USING EXCHANGE RATE OF 1USD = 1.37SGD

TOTAL EXPENDITURE: SGD \$23, 073.41



SCREENING

Purchase of quality supplies needed to conduct the screening



EDUCATION

Purchase of supplies needed to conduct our in-person LADS camp at MOPK



MEDICATION & LOGISTICS

Purchase of quality-assured medication and supplements, given free of charge according to the needs of the villagers



PERSONNEL WELFARE

Purchase of food and welfare of our doctors and Cambodian Wing volunteers, and accommodation for Cambodian volunteers



TRANSPORTATION

Transportation of personnel, equipment and supplies



FUNDRAISING

Capital spending to produce promotional material and purchase fundraising goods

THE 100% PROMISE: All donations and proceeds from our fundraising efforts were channeled into our educational and medical initiatives. Flights, food and accommodation for the Singaporean team were self-funded.

ACKNOWLEDGEMENTS

DOCTORS



Dr David Chen



Dr Anne Goei



Dr Ellie Choi



Dr Serene Goh

CAMBODIAN COMMITTEE

Sister Jacinta
Veng Bondol
Moeurn Sorada
Yeng Leanghim
Kim Chansodalin
Reak Smey Y
Chea Meta
Khim Kunthea
Saman Soktheory
Sieng Sopheakleak
Dorn Rachana
Huylin Seng
Mov Lita
Thy Chantrea
Vuthy Narika

SINGAPOREAN COMMITTEE

Bernice Lian Jia Xin
Tan Jia Jun Shaun
Noelle Ng Na En
Sarah Ng Li Xin
Serene Koh Yi Ning
Chia Sih Yeen Crystal
Joshua Lee Min Ann
R Shahana
Isabelle Lim Jia Xuan
Sonia Sheri
Trivikram Mohan
Charlene Goh Xing Le
Lai Huiyi, Rachel-Joy
Joseph Teo Wei Ern
Rubenesh Kumar
Pothakamuri Tulsi Kiran
Jarrett Lim Zheng Wei
Yong Le Tong
Lee Xin Yi, Nicole
Loke Wan Hsien
Alexander Shao-Rong Pang
Mahir Bakulkumar Goda
Lee Cheng Ze, Clarence
Lim Fang Nian Joanne
Iris Tong Yuwei
Ashvin Chundayil

OUR PARTNERS

Missionary Society of The Sacred Heart of Jesus (MOPK)



We thank the Sisters of MOPK who are committed to serving our beneficiaries with us. They also aid us in overseeing our scholarship and teachers' support programmes and provide a place where we can conduct our health screening.

Love Without Boundaries (LWB)



LWB is an authentic international charity that provides hope and healing to orphaned and vulnerable children, and their underserved communities, through its education, nutrition, medical and foster care programmes

OUR SPONSORS



Mr. Bille Yang
Dr. Pris

HOW TO CONTRIBUTE TO OUR CAUSE



SPONSOR

- Medication
- Medical supplies and equipment



DONATE

- Funds
- Support our fundraising efforts



VOLUNTEER

- Doctors
- Healthcare students

CONTACT US

WEBSITE www.projectbattambang.com
FACEBOOK facebook.com/ProjectBattambang/
INSTAGRAM [@projectbattambang](https://www.instagram.com/projectbattambang)
 [@projectbattambangkh](https://www.instagram.com/projectbattambangkh)
 (Cambodian Wing)
EMAIL med.battambang@gmail.com



Scan the QR code above to access all of our links!